



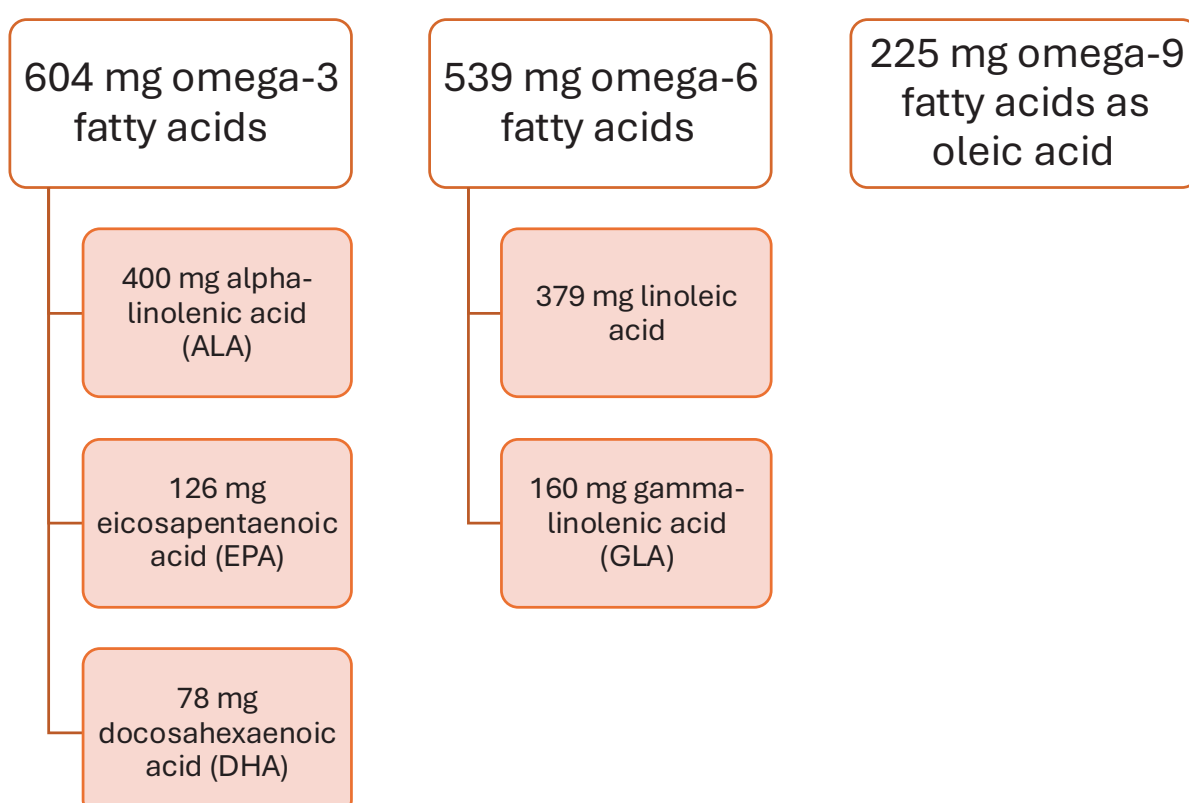
Protocol is proud to introduce Super Omega 3-6-9, a nutritional oil blend of fish oil concentrate, borage oil, and organic flax seed oil.



Key Ingredients

- 800 mg fish oil concentrate
- 800 mg borage seed oil
- 800 mg organic flax seed oil

Fatty acids profile, 1 serving = 2 softgels:



Omega-3, Omega-6 and Omega-9 Fatty Acids for Cardiovascular Health*

In a randomized, double-blind, placebo-controlled study enrolling 60 healthy overweight men (18-26 y.o.) supplementation with **2.4 g/d of an omega 3-6-9 supplement** in combination with resistance training for 12 weeks resulted in a significant **reduction in plasma E-selectin** levels vs. baseline.^{†*}

- E-selectin is a cell-surface glycoprotein of the selectin family endogenously produced by cytokines such as C-reactive protein (CRP) after stimulation of endothelial cells.
- E-selectin mediates the binding of circulating leukocytes to the endothelium wall.
- E-selectin plasma levels are used in experimental settings as molecular markers of cardiovascular health.

[†](non significant (ns) vs. placebo, ns vs. supplementation alone, ns vs. placebo + exercise).

At Protocol For Life Balance®, we believe in offering products with the best ingredients at clinically relevant dosages. Our Super Omega 3-6-9 is a balanced blend of omega-3, omega-6, and omega-9 fatty acids that could, when combined with resistance exercise, support normal immune function related to vascular health.*