PROTOFACTS

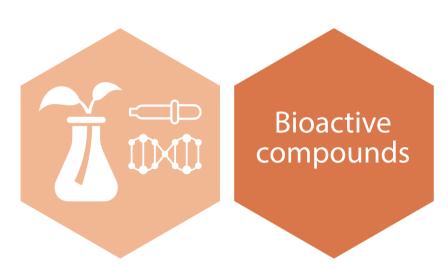




UC-II[®] undenatured type II collagen improved knee range of motion (ROM) in healthy subjects:* A randomized, double-blind, placebo-controlled clinical study^{1,2}

Study objective: Determine the impact of UC-II® undenatured type II collagen supplementation on joint function and mobility in healthy subjects

Study design: 6-month randomized, double-blind, placebo-controlled study **Study subjects: 96 healthy adults**, who experience knee-joint discomfort with physical activity. Ages **20 to 55 years old. 40 men and 56 women**.



 UC-II®: Undenatured (native) type II collagen derived from chicken sternum



- Significant increase in knee flexion and extension^{1*}
- Significant improvement in joint flexibility – 15 times better than placebo^{1†*}
 - Helps joints feel close to 10 years younger^{1‡*}



Joint Comfort*

- May help reduce joint discomfort with physical activity^{2*}
- Makes walking more comfortable^{2*}



- Helps improve walking distance^{¥2*}
- Helps improve daily step counts^{2¥*}
- † Statistically significant increase in knee range of motion flexion (measured with goniometer) was observed in the undenatured collagen group versus the placebo group (3.23° vs. 0.21°; p = 0.025).*

 † According to CDC, an average adult losse 4° of knee flexion range of motion from the age ranges of 20.44 (141.9°) to 45-69 (137.9°)
- # According to CDC, an average adult loses 4° of knee flexion range of motion from the age ranges of 20-44 (141.9°) to 45-69 (137.8°). https://www.cdc.gov/ncbddd/jointrom/

 ¥ Statistically significantly higher number of daily steps in males from the UC-II®group versus placebo group over 24 weeks (+669 steps vs. -526 steps, p=0.037)*

At Protocol For Life Balance®, we believe that combining the right nutrients will achieve maximum efficacy. We created Joint-UC™ by combining clinically evaluated UC-II® [undenatured (native) type II collagen from chicken sternum] and Aquamin® TG (a blend of seaweed derived minerals), which are both known to support joint health, mobility and flexibility.* A recently published clinical study confirms that UC-II® can help joints feel younger and make walking more comfortable.* You can recommend Joint-UC™ in confidence for your active patients in need of joint support.*

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