

MetaboEnergetics™



Discussion and Clinical Support

MetaboEnergetics™ combines a specialized blend of ingredients that can enhance your natural energy level, but without using controversial elements such as Ephedra (*Ma huang*) or bitter orange (*Citrus aurantium*).

MetaboEnergetics™ helps give you the extra boost your body needs at times to function with strength, focus, vitality, and alertness. Improved energy and heightened concentration can help you deal with even the most challenging daily tasks.

Unlike similar products in this category, Protocol For Life Balance™ MetaboEnergetics™ contains a comprehensive array of ingredients to help increase your energy naturally and safely. They include: B vitamins, Iodine (from Kelp), Chromium, Potassium, *Panax Ginseng*, *Eleuthero*, Rhodiola Extract, Licorice, *Gotu kola*, Cayenne, CoQ10, and Octacosanol (from Spinach). In addition, to provide increased energy support, this product contains the following natural, widely recognized natural caffeine sources: Guarana (*Paullinia cupana*), Green Tea Extract, and Yerba Mate Extract. This formula is balanced to enhance the body's energy production without depleting the adrenals.

Indicated for increased energy, thermogenesis and adrenal support.

Natural Energy

MetaboEnergetics™ provides a natural source of energy - it contains caffeine as a natural energizer. Multiple energy sources beyond simple caffeine include Guarana (*Paullinia cupana*), Green Tea Extract, Yerba Mate Extract, *Panax Ginseng* and

Eleuthero (1 - 6, 11 - 12).

Metabolic / Thermogenic Support

Certain naturally occurring substances speed up the resting metabolic rate and activate thermogenesis. Especially in conjunction with green tea catechins and capsicum, these include caffeine and other members of the xanthine family found in coffee, guarana, tea, yerbe maté, etc. Kelp may activate the thyroid (5 - 8).

BENEFITS

**NATURAL SOURCE OF ENERGY
METABOLIC DIET AND ADRENAL
SUPPORT
THERMOGENIC SUPPORT**

SUGGESTED USAGE

As a dietary supplement, take 2 capsules twice daily with 8-12 oz. of water, preferably with or before meals as needed.

CAUTIONS /INTERACTIONS

This product contains niacin, which may cause temporary flushing, tingling or skin reddening. Pregnant or lactating women, those with medical conditions or those taking prescription drugs, including medications for hypertension, should consult their health care provider before using this product. Those taking drugs affecting platelet aggregation, such as aspirin, those taking warfarin and those with either genetic or acquired bleeding tendencies should exercise caution.

FREE OF MOST COMMON ALLERGENS

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, milk, egg, shellfish or preservatives. Contains soy.

Supplement Facts		
Serving Size: 2 Capsules Amount Per Container: 90	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha Tocopheryl Succinate)	55 IU	50%
Vitamin B-1 (from Thiamine HCl)	50 mg	670%
Riboflavin (Vitamin B-2)	50 mg	990%
Niacin (Vitamin B-3)	25 mg	130%
Vitamin B-6 (from Pyridoxine HCl)	50 mg	500%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1670%
Vitamin B-5 (from Calcium d-Pantothenate)	10 mg	100%
Iodine (from Kelp)	150 mcg	100%
Chromium (as Chromium Chloride)	200 mcg	170%
Potassium (from Potassium Aspartate)	55 mg	2%
Guarana Standardized Extract (Paullinia cupana) (Seed)	280 mg	*
(Contains 42 mg of Caffeine)		
Green Tea Extract (Camellia sinensis) (Leaf)	300 mg	*
(Contains 8 mg of Caffeine)		
Panax Ginseng (5% Ginsenosides) (Root)	150 mg	*
Eleuthero (Eliutherococcus senticosus) (Root)	150 mg	*
Rhodiola Extract (Rhodiola rosea) (Root)	100 mg	*
Licorice (Glycyrrhiza glabra) (Root)	100 mg	*
Gotu Kola (Centella asiatica) (Whole Plant)	100 mg	*
Yerba Mate Extract (Ilex paraguariensis) (Leaf)	50 mg	*
(Contains 4 mg of Caffeine)		
Cayenne (Capsicum annuum) (40,000 SHU) (Fruit)	50 mg	*
Alpha Lipoic Acid	25 mg	*
CoQ10	50 mg	*
Octacosanol (from Spinach)	30 mcg	*

Other Ingredients: Gelatin (capsule) and Magnesium Stearate (vegetable source). Contains soy derivative.

Supports Adrenal Function

This formula supports the adrenals (9 - 12). The body's mechanisms for coping with physical and mental stress rely upon hormones produced by the adrenal glands. By including adrenal supporting herbs and nutrients, MetaboEnergetics™ insures that it achieves the maximum benefits from the metabolic and thermogenic stimulants.

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